



He Rongoā Pai, He Oranga Whānau
Whānau staying well with medicines

Frequently Asked Questions

1. How do I/We become a HRPHOW wānanga host?

Email Te Tira Whakarata Māori at PHARMAC, tewhajoranga@pharmac.govt.nz to let them know that you are interested in hosting a one day wānanga.

2. What level of funding does PHARMAC provide for a one day wānanga?

To support the logistics of the wānanga, PHARMAC pays an initial lump sum of \$4,000 to the host organisation to support the logistics.

A further \$3,000 is paid to the host organisation on receipt of a final report and evaluation.

3. Who is the He Rongoā Pai He Oranga Whānau wānanga for?

The wānanga is able to be hosted by an organisation that has staff who work closely with whānau Māori to improve their health, well being and understanding of and access to medicines. Organisations that have successfully run wānanga include Māori Womens' Welfare League, Māori Primary Care nurses and Whānau Ora Collectives.

4. What is included at a one day wānanga?

The topics covered during a one day wānanga can be customised to meet the needs of the participants and generally begins with a short Q&A session. 'Must cover' topics include, how medicines get funded, access to medicines, specific information about different therapy/disease areas, e.g. respiratory disease, heart disease, diabetes, mental health and cancer (*see sample programme below*)

A sample programme for a one day wānanga:

Wā	Take	Kaimahi
09.00	Mihi Whakatau /Pōwhiri	Kaumātua, kaikaranga
09.30	Whakawhanaungatanga	All
10.00	Kapu tī	
10.15	Q&A session	Kaiwhakahaere-PHARMAC/ HRPHOW Facilitator
10.30	Main programme	HRPHOW Facilitator
12.30	Kai	
13.00	Main programme-interactive sessions	HRPHOW Facilitator
1400	Rongoā Practitioner	Rongoā Facilitator
15.00	Case study work	All
15.30	Evaluations and final questions	All
16.00	Kua mutu	

5. Is Rongoā included in the programme?

The host organisation is invited to contact a local Rongoā practitioner who is available to participate and present during the main programme of the wānanga.

6. Where are the wānanga usually held?

The choice of venue is left up to the host organisation. It maybe a local marae, rugby club rooms, local conference centre or community hall. It depends on what is available.

7. I want to set up a wānanga. What logistics do I need to manage?

- Advertising the wānanga. *A lead time of at least two months is essential.*
- Managing the registration process, which includes sending and receiving fully completed registrations that help you provide enough resources and catering (for up to 40 people).
- Book and pay for all logistics - *room hire, catering, supply/hire of tables and chairs, whiteboard and pens, data projector and screen.*
- Koha for the Rongoā practitioner
- Koha for Kaumātua/Whaikōrero

8. What does Te Tira Whakarata Māori (PHARMAC) do?

- Provides a lump sum payment to the host to set up the one day wānanga.
- A final payment is paid on receipt of a final report and evaluation.
- Pays the facilitator for their time, travel and accommodation.
- Provides resources which usually include, notepad, pen, information, water bottle (or alternative), bag and T-shirt.
- Printed copies of evaluation and case study forms
- HRPHOW certificates