

Background

National pharmaceutical data indicates:

- Māori have lower prescription and uptake rates than Non-Māori
- Research suggests cultural differences have an impact on patient adherence to medicine use
- Consultation with Māori identified issues like: Lack of quality information, sharing, storing and misuse of medicines, uncertainty of prescribed medicines.

Project Goal

To increase the uptake, utilisation and prescription rates of subsididsed medicines for Māori consumers.

Objectives

- 1 Increase awareness of safe and appropriate practice for medication use
- 2 Promote medications as part of managing overall health care
- 3 Improve 'access' to and inform whanau of nationally subsidised medicines
- 4 Increase the level of understanding of the need to use medications safely and appropriately
- 5 Identify matters in relation to rongoa use and medicines
- 6 Develop resources for use by health professionals and patients

Intended Audiences

Education Program

• Māori community health workers, Māori primary care nurses

Health Resources

• Māori health providers, Pacific health providers, PHO's

Consumer Resources

• Māori consumers of medicines and their whānau, All consumers of medicines and their whānau

Interventions



Potential resources:

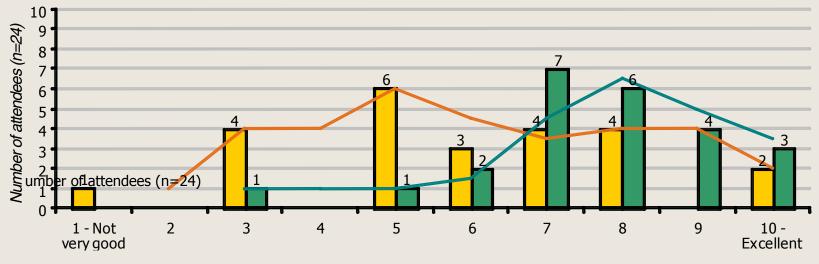
Patient Medication card – bilingual?, Help desk / 0800line, DVD, Consumer information Website, Children's Book, Interest group initiated information sessions, Links to Local Pharmacists

Keep your Medicine:	-		d natural medicines.	Name:		
Medicines come in many forms, includ Name of medicine Brand name or generic Example: Paracetamol				Date to have all my medicines Special instructions or comme Doctor recommends taking regul rather than as needed for pair	Emergency contact details:	privations material developed by the National Prescribing Service Limited (National Apenty Apendation) for the the theory of the theotheory of theory of th
				rather than as needed Tor pair	Listing your index constraints that are a constraints of the service of the servi	ynnyd, mynngaradd (1410 ontgolliddwr A2C (1 rad O'r Sarad Sarad ar Gwlad a sarad fargol 2 h 1 11 rad gwamurf ywwr 2560 (162 h 24 gwlad ar Gwlad 2 h 2 h 2 h 2 0 0 00 0000 (ryddaraw myd aref) ynd nodarmedini ynody 2 0 0 00 0000 (ryddaraw myd aref) ynd nodarmedini ynody
If you need more space to write your medicine	s, visit our online resource	ce vebsite at to print more Patient Medicine	List pages. Keep all your pages tog	ether		Pharmaceutical Management Agency Patient Medicines List Get to know your medicines Herrogon Farl, Herburg, Vis, Mark

Pilot Course Results:

How attendees rated their knowledge of medicine pre course & post course

Before the course 🛛 📕 After the course

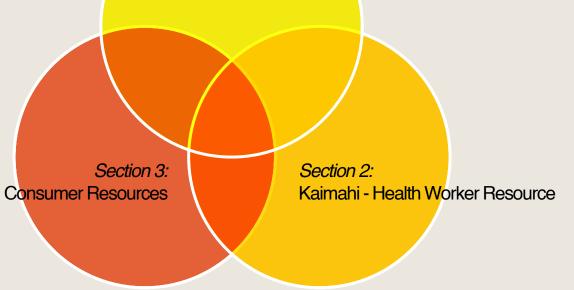


Overall average PRE-course: 5.9

Overall average POST-course: 7.6

Section 1:





Section One: Māori Health Workforce Education Program

- 20 hour course with learning modules
- Range of Health worker roles info

Section Two: Kaimahi-Health Professional Resource:

- He Rongoā Pai, He Oranga Whānau Education Tool
- 25 page flipchart with 6 sections:
- Course materials, readings and templates

Medication information

A number of participants had discussed medication with their clients since attending the program

Medical information	YES	NO
Taking a full course of antibiotics	22	4
Taking heart medication with food	15	11
The use of the right types of asthma inhalers	19	7

Key Outcomes

- Understand what the pharmaceutical schedule is an how to use it
- Knowing what medicines are subsidised
- Identifying safe practice with medicines
- Effective communication with Māori patients & whanau
- Understand how Rongoā Māori works with pharmaceuticals





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New Zealand Government

Pharmaceutical Management Agency