Supply issue: Paracetamol liquid 120 mg in 5 mL

From 1 September 2022 until early 2023, Paracare is being replaced by a new brand called Avallon paracetamol.

(Say 'pa-ra-SEE-ta-mol')

Paracetamol liquid is commonly used for fever and pain relief, mainly in children. Supply of Paracare paracetamol liquid 120 mg in 5 mL has been temporarily disrupted.

How is Avallon paracetamol different?

The colour and taste of Avallon paracetamol 120 mg in 5 mL are both different from Paracare. Avallon is off-white in colour and has a strawberry/vanilla flavour. However, it has the same amount of active ingredient and works the same way.



Note

The inactive ingredients such as flavourings, colourings and sugar may be different. If you have questions about these, talk to your GP, nurse or pharmacist.





Different liquid medicines may have the same colour and flavour. Always read the label and give your child the right dose. **Do NOT rely on the colour, smell or flavour.**



How much paracetamol should I give my child?

- → The dose of paracetamol depends on your child's weight.
- → Weigh your child AND check the strength of the paracetamol you have.
- → Use the dose table here to find the correct dose.

Before giving your child paracetamol:

- Check if your child still needs it.
- Wait at least 4 hours between doses.
- Do NOT give more than 4 doses in 24 hours.
- Check the expiry date.
- It's important your child does not take more than the daily recommended dose.

 If your child takes too much all at once or over a period of days paracetamol can damage their liver.

Paracetamol dose table

| Child's weight | 120 mg in 5 mL |
|--------------------|-------------------------------|
| Less than 5 kg | Ask your doctor or pharmacist |
| 5 kg | 3 mL |
| 6 to 7 kg | 3.5 mL |
| 8 to 9 kg | 5 mL |
| 10 to 12 kg | 6 mL |
| 13 to 14 kg | 8 mL |
| 15 to 16 kg | 9.5 mL |
| 17 to 18 kg | 10.5 mL |
| 19 to 20 kg | 12 mL |
| 21 to 22 kg | 13 mL |
| 23 to 25 kg | 14.5 mL |
| 26 to 28 kg | 16.5 mL |
| 29 to 32 kg | 18 mL |
| 33 to 36 kg | 20.5 mL |
| 37 to 41 kg | 23 mL |
| 42 to 60 kg | 26 mL |
| Greater than 60 kg | 30 to 40 mL |

For more information about paracetamol liquid visit pharmac.govt.nz/paracetamol-liquid