

# Supply issue: Paracetamol liquid 250 mg in 5 mL

From 1 November 2022, Paracare paracetamol liquid 250 mg in 5 mL is being replaced by a new brand called Pamol.

(Say 'pa-ra-SEE-ta-mol')

Paracetamol liquid is commonly used for fever and pain relief, mainly in children.

## How is Pamol paracetamol different?

The colour of Pamol paracetamol 250 mg in 5 mL is different from Paracare. Pamol is off-white in colour but the flavour is the same – it has an orange flavour. Both have the same amount of active ingredient and work the same way.



### Note

The inactive ingredients such as flavourings and sweeteners may be different. If you have questions about these, talk to your GP, nurse or pharmacist.



Different liquid medicines may have the same colour and flavour. Always read the label and give your child the right dose. **Do NOT rely on the colour, smell or flavour.**

## How much paracetamol should I give my child?

- The dose of paracetamol depends on your child's weight.
- Weigh your child AND check the strength of the paracetamol you have.
- Use the dose table here to find the correct dose.

### Before giving your child paracetamol:

- Check if your child still needs it.
- Wait at least 4 hours between doses.
- Do NOT give more than 4 doses in 24 hours.
- Check the expiry date.
- Check other cold, cough or flu medicines given, they may have paracetamol in them.



**It's important your child does not take more than the daily recommended dose. If your child takes too much - all at once or over a period of days - paracetamol can damage their liver.**

## Paracetamol dose table

Child's weight	250 mg in 5 mL
Less than 5 kg	Ask your doctor or pharmacist
5 kg	1.5 mL
6 to 7 kg	1.5 mL
8 to 9 kg	2 mL
10 to 12 kg	3 mL
13 to 14 kg	4 mL
15 to 16 kg	4.5 mL
17 to 18 kg	5 mL
19 to 20 kg	5.5 mL
21 to 22 kg	6.5 mL
23 to 25 kg	7 mL
26 to 28 kg	8 mL
29 to 32 kg	8.5 mL
33 to 36 kg	10 mL
37 to 41 kg	11 mL
42 to 60 kg	12.5 mL
Greater than 60 kg	15 to 20 mL

 For more information about paracetamol liquid visit [pharmac.govt.nz/paracetamol-liquid](https://www.pharmac.govt.nz/paracetamol-liquid)